

**ISS/STS 5A Docking Test**

GMT	Crew	Activity / <i>ODF or R/G</i>
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–07:50		Work prep
07:50–08:00		Daily planning conference (morning)
08:00–10:00	PLT	Stow equipment for disposal / <a href="#">r/g 538</a>
08:00–09:25	FE-1	
08:00–08:20	CDR	Activate Floating Potential Probe (FPP) / <a href="#">OCA_1108B steps 1-4, 7-9</a>
08:25–08:30	CDR	SSC Network Time Update / <a href="#">CDG: POC: NOMINAL:OPS LAN: 2.208 SSC Network Time Update</a>
08:30–08:50	CDR	SSC Data Backup / <a href="#">CDG: POC: NOMINAL:OPS LAN: 2.208 SSC Data Backup</a>
09:00–09:10	CDR	Downlink TEPC data / <a href="#">ÎÑÀ_1225 item 1</a>
09:10–09:40	CDR	Move TEPC / <a href="#">ÎÑÀ_1225 item 2</a>
09:25–10:55	FE-1	Physical exercise (TVIS-1)
09:40–10:40	CDR	Remove LB GNC switch / <a href="#">ÎÑÀ_1005</a>
10:00–11:00	PLT	Physical exercise (IRED-1)
10:55–11:55	CDR	Physical exercise (TVIS)
10:55–11:00	FE-1	Weekly TVIS maintenance / <a href="#">OCA_1225 item 3</a>
11:00–12:00	FE-1, PLT	Stow equipment for disposal / <a href="#">r/g 538</a>
11:55–12:00	CDR	Weekly TVIS maintenance / <a href="#">OCA_1225 item 3</a>
12:00–13:00		LUNCH
13:00–15:00		Review 5Å training materials / <a href="#">ÎÑÀ_918 + OCA_919</a>
15:15–15:50		PAO: Educational TV program (Jason project) / <a href="#">OCA_1271</a> via OCA (15:15-15:35)
15:50–17:20	CDR	Physical exercise (IRED)
16:00–16:30	FE-1	Troubleshooting È ÌÓ-128-02 sensors / <a href="#">r/g 546</a>
16:10–16:30	PLT	Prep Regul for packet transmission
16:30–17:20	FE-1	Swap ÅÄÅ-ÑÅ and CWC for Elektron
16:30–16:50	PLT	Prep delta file for downlink
17:20–18:15	CDR	Disconnect QD connectors in Node 1 ITCS / <a href="#">ÎÑÀ_1048</a>
17:20–18:20	PLT	Evaluation of physical fitness on TVIS / <a href="#">ô/ã 529</a>
17:20–17:30	FE-1 (assist.)	
17:30–18:30	FE-1	Physical exercise (IRED-1)
18:20–18:50	CDR, PLT	Prep report
18:30–18:50	FE-1	
18:50–19:20		Review plan for the next day
19:20–19:30		Daily planning conference (evening)
19:30–20:00		DINNER
20:00–20:30		Daily food ration prep
20:30–21:30		Pre-sleep

End of radiogram